

### utherlyn Environmental Education Program

Box 355, Prospect, PA 16052 • (724) 865-9079 • leep@lutherlyn.com



Eberly Environmental Education Center

### Dear Students (and Parents/Guardians),

We are excited that your school is coming to Lutherlyn for an overnight environmental education experience. Your field trip will be a great way to learn about the natural world around you. Lutherlyn is made up of 660 acres of forests, ponds, fields, and streams. Most of the time we will be taking part in outdoor activities and we will go outside unless there is a thunderstorm or torrential downpour.

When you arrive, you will move your belongings into your cabin, so pack lightly. Overnight groups stay in heated cabins. The cabins have bunk beds with mattresses, restrooms and showers. Your teacher will assign students and chaperones to cabins before you arrive at Lutherlyn. Your teacher also has a set of camp policies and guidelines for chaperones that should be covered before arrival.

After you move in, we will give you a brief introduction, split up into groups, and begin our activities. You may have several different environmental educators leading your group during your field trip. They know a lot about the natural world and are excited to share their knowledge. They will expect the same respect and attention as your teacher in school.

To insure your best possible experience, *please dress appropriately for the weather*. It is usually *five degrees cooler* at Lutherlyn, than it is in a town/city. People who are warm and dry have more fun!

If you have any questions, please direct them to your teachers. They know how to get in touch with us.

We're looking forward to meeting you!

The Lutherlyn Environmental Education Program Staff



### What if I have food allergies or dietary restrictions?

Please make sure that your teacher lets the Lutherlyn staff know about any allergies or restrictions. Our chef is very good at accommodating special diets. If your parents would like to talk to our chef, please have them call (724) 865-0025.

## If there is an emergency, how would my parents contact me?

Occasionally, there is an <u>urgent</u> need to contact a student or teacher staying at camp. We are glad to deliver such messages as quickly as possible. Our phone numbers are:

Environmental Education Office – (724) 865-9079 Camp Office – (724) 865-2161.



There's more on the other side!

#### What if someone wants to send me mail?

If anyone would like to send you mail while you're at camp, they can send it to:

Your Name

Your School's Name

C/O Lutherlyn Environmental

**Education Program** 

Box 355

Prospect, PA 16052

Mail generally takes 3-7 days to arrive at Camp Lutherlyn.

# What to bring:

- Rain gear Don't forget it!
- Extra socks and shoes just in case the first pair gets wet.
- Plastic Bag to carry home muddy boots/shoes.
- **Bedding** The cabins have bunk beds, so please bring a sleeping bag or sheets/blankets and a pillow.
- Toiletries Towel, soap, shampoo, hairbrush, toothbrush, toothpaste, cup, tissues, etc.
- Flashlight Some activities will take place after dark.
- **Health History Form** You will be receiving this form from your teacher. It is not necessary for you to go to a doctor before you come to camp. *However, we must have a completed and signed Health History Form for you to participate in LEEP activities.* Please return the completed form to your teacher. Lutherlyn carries liability insurance. We ask that you or the school provide medical insurance coverage.
- Optional stuff:
  - Hairdryer. Please coordinate with the others in your cabin. The cabin can't handle more than 2 or 3 hairdryers plugged in at once.
  - Water bottle, camera, notebook & pen, field guides.
  - Money <u>ONLY</u> if your teacher said you would have a chance to buy souvenirs at the camp store. Items at the camp store range in price from 50 cents to \$50.
- Please remember to label your stuff with your name.

Lutherlyn cannot be held responsible for any personal property that is lost or stolen during your stay at camp.



- Dress in layers.
- **Boots/shoes & socks** that will keep your feet dry (or an extra pair to change into).
- Raincoat if rain is forecasted.
- Hats & gloves if its chilly.
- If rain is forecasted, try not to wear cotton as an outer layer (sweatshirts or jeans) - it soaks up water. Nylon and fleece are better options.
- Sunscreen if sun is forecasted.

### Do Not Bring:

- Anything not allowed at school, such as tobacco products, weapons, alcohol, non-prescription drugs, cell phones, or electronic equipment.
- **Gum or candy**, it causes a variety of problems that we hope to avoid.
- Sandals or flip-flops.

Lutherlyn reserves the right to withhold all items that we may deem dangerous or unnecessary.

