

## *The Clinic*

The AAHS Clinic to be offered at Lutherlyn Stables in May is a 40-hour intensive training program. This clinic is beneficial to anyone who is currently running a lesson program, boarding stable or to a private owner. To qualify participants must pass a basic mounted test that demonstrates the ability to perform at the walk, trot/jog, canter/lope, change of lead, halt and back. Before full certification those who have successfully completed a clinic must show proof of CPR/First Aid training. You may take the CPR/First class after the clinic, but the papers for your certification cannot be processed until you have completed the two courses. Participants that have not recently been riding are encouraged to get some riding time in before the clinic.

**Certificates** are granted on levels of achievement. Not all levels require experienced horsemanship. Attendance at a clinic is recommended for boarding stables, stables with lesson programs, pony club, and camps. AAHS believes that each program should have at least one permanent employee who has been through the safety training so that he or she can better evaluate seasonal employees. This person does not need to be a rider.

**Classes** begin at 9 a.m. on Tuesday and will wrap up around 4 p.m. on Saturday. Helmets can be provided, as well as horses and all tack. Boots with a heel and long pants for riding are required. Please dress appropriately for the weather. Our facility does have an indoor riding space. Bring paper and pens for note taking as well as personal riding gear.

The American Association for Horsemanship Safety, Inc. is a registered non-profit educational association founded in 1995 with a goal of educating riding instructors and site occupiers from liability lawsuits.

AAHS does not favor one riding style over another. The association is concerned with correct balance on any type of horse and with an AAHS-certified instructor's ability to assist students in finding their balance as safely and quickly as possible.

## *Meet our Clinician*

Brenda Hendrix has been a camp riding staff member in Nebraska, and Pennsylvania, and has done instructor clinics for the past 17 years. She is co-founder and Executive Vice President of the American Association of Horsemanship Safety and has been involved in developing training curriculum. Brenda has a degree in Equine Management and served as the Director of Equine Studies at Wood College in Mississippi. She is a former camp staff member and knows the in's and out's of camp equine programs.

## *Types of Certification*

### **Safety-Certified Riding Instructor - Full**

Is able to teach the basics correctly to beginner through advanced riders. Must be at least 21 years old.

### **Safety-Certified Riding Instructor - Basic**

Is able to teach the basics correctly to beginner and intermediate riders. Must be at least 18 years old.

### **Safety-Certified Assistant Riding Instructor**

Must teach under the direct supervision of a Safety Certified riding instructor. Must be at least 18 years old.

### **Equestrian Safety Supervisor**

Knows ground safety and have supervisory capabilities but not riding expertise. Must be at least 18 years old.

### **Safety-Certified Trail Guide**

Is competent in pre-ride instruction, has superior judgment and has considerable cross-country riding experience, and an understanding of the hazards of rough terrain riding in various climates. Must be at least 18 years old.

### **Safety Clinic Participant**

Has demonstrated and intense interest and respect for horsemanship safety by participating in the 40-hour clinic.