LUTHERLYN Family Camp Sample Schedule

SUBJECT TO CHANGE

HERE'S WHAT'S HAPPENING

SUNDAY The first day of Family Camp!

1:00pm Cabins ready

2:00-4:00pm **Registration** on the Dining Hall Porch

Pool and Lake open for swimming and canoeing

Variety of free crafts & tree cookie (name tag) decorating at the Craft Cabin Bouldering Room, Indoor Gaga, 4-Square & Ping Pong in the Education Bldg.

Archery GaGa Ball

Climbing Chimney

Drinks and Snacks in Dining Hall

Family Photos (for the directory) on the Dining Hall Porch

4:30pm **FAMILY CAMP KICK-OFF** in Rice Hall (Everyone should attend)

Kids will meet their Bible Study groups

5:30pm Picnic Dinner

Sign-Up Board ready, begin signing up for activities for the week

6:30pm Get to Know You and Family Mixers in Field #1

7:15pm Shuttle to Chapel Hill – meet by the Fireside Room of the Dining Hall

7:30pm Singing and Worship on Chapel Hill
8:30pm Campfire and S'Mores on Chapel Hill
9:15pm Snacks and Board Games in the Dining Hall

9:15-11:00pm Fireside Chat and Marshmallow Roasting – next to the Dining Hall

We ask that every family be represented at the Family Camp Kick-Off in Rice Hall on Sunday afternoon. This is when you will find out what's happening and what the policies are for the week. We will see you there!

CLASSIC LUTHERLYN SHIRT DAY **MONDAY**

7:45am Morning Watch - Octagon Shelter Breakfast served cafeteria style 8:00-9:00am

8:30am **Table Grace** and **Announcements** will be made half way through each meal

8:45am Flag Raising

9:30-11:30am

9:30-11:30am

11:45-12:15pm 12:00-1:00pm

11:30am

12:30pm

After Picture 1:30pm

1:00pm

8:45am-9:15am Family Camp Choir Rehearsal – Meet in Fireside Room – all ages are welcome 9:20am

Opening for Kid's Bible Study Groups – Parent's can start to drop kids off at

the Ed. Bldg. for Bible Study Group. We will open with songs and skits.

Bible Study and Morning Activities – Kids meet at the Education Building.

Children will leave from there for Bible Study and recreation.

Adult Bible Study

Experiential with Randy Gullickson – Octagon Picnic Shelter

Traditional with Pastors Tricia & Tony Schneck – Fireside Dining Room

Pick up kids from Bible Study and recreation at the Education Building.

Swim Lessons – Must sign-up. See Activity notes. Lunch – Directory Photos will be taken during Lunch

Table Grace and Announcements

Family Camp photo taken at Amphitheater (Every family will get one for FREE)

Canoeing at Moraine State Park – See adventure notes – must sign-up

Tournament meeting – All who are interested in participating in any tournament

should meet in Rice Hall to make plans for tournament activities.

Bouldering Room – Education Building for kids 10 and younger 1:30-2:30pm 1:30pm

Nature Activity (stream critters) – meet on the porch of the Environmental

Education Center

1:30-3:30pm **Crafts** for the whole family (children under 12 must be accompanied by an adult) Family Activities (swimming, boating, fishing, hiking, tournaments, recreation) 1:30-5:00pm Ropes Course – Meet on the Porch of the Nature Center (4th-7th graders today) 2:00-3:00pm

2:00-4:00pm Camp Store will be open

Missions Presentation in the Fireside Room 2:30pm

2:30-4:00pm **Bouldering Room** – Education Building for adults only!

3:00-4:00pm Youth/Staff Challenge – Kickball Games – meet at the ball field

3:30-5:00pm Adult/Family Craft Time— Tie Dye (This is a family craft — children under 12

must have an adult with them).

Day Camp Activity –Songs & Stories in Redwood - pre-school-3rd graders 4:30-5:00pm **Adult/Staff Challenge** – Volleyball at the Sand Court (must be 17 or older) 4:00pm

4:00pm Skill Craft – See sign-up board

Dinner – Directory Photos will be taken during Dinner – LAST CALL! 5:15-6:00pm

Table Grace and Announcements 5:30pm

6:00-6:45pm Archery, Bouldering Room, and Kickball Games

6:00-6:45pm Water Aerobics at the Pool

6:00-6:45pm ADULT ONLY GAGA in the Outdoor GaGa Pit

Campfire for Pre-School - Primary Grade Campers - Octagon Picnic Shelter 6:15pm

6:30-7:30pm Camp Store will be open Worship – Shaulis Fire Circle 7:00pm **Square Dance** – Dogwood Shelter 7:30-9:30pm Campfire – Shaulis Fire Circle 9:30pm

Snacks available in the Dining Hall 9:15-11:00pm

9:30-11:00pm Fireside Chat and Marshmallow Roasting – next to the Dining Hall

11:00pm **QUIET TIME** TUESDAY Minute to Win It!

7:20am Shuttle to Communion Worship meets in front of Redwood Lodge.

7:30am Communion Worship on Chapel Hill

8:00-9:00am **Breakfast**

9:15am

9:20am

11:30am

11:45-12:15pm

8:30am **Table Grace** and **Announcements**

8:45am Flag Raising

8:45am-9:15am Family Camp Choir Rehearsal – Meet in Fireside Room – all ages are welcome

Tournament Scheduling Meeting sign-up board on the Porch of Dining Hall **Opening for Kid's Bible Study Groups** – Parent's can start to drop kids off at

the Ed. Bldg. for Bible Study Group. We will open with songs and skits.

9:30-11:30am **Bible Study and Morning Activities** – Kids meet at the Education Building.

Children will leave from there for Bible Study and recreation.

9:30-11:30am Adult Bible Study

Experiential with Randy Gullickson – Octagon Picnic Shelter

Traditional with Pastors Tricia & Tony Schneck – Fireside Dining Room

Pick up kids from Bible Study and recreation at the Education Building.

Swim Lessons – Must sign-up. See Activity notes.

12:00-1:00pm **Lunch**

12:30pm **Table Grace** and **Announcements** 1:00pm **Tournament** challenges begin

1:00pm Hiking at McConnell's Mills – See adventure notes – must sign-up

1:00-3:30pm Crafts for the whole family (children under 12 must be accompanied by an adult)
1:00-5:00pm Family Activities (swimming, boating, fishing, hiking, tournaments, recreation)
1:00-3:00pm Lutheran World Relief Quilt Making – Help the Woodland Quilters make

quilts for people in need around the world. Fireside Room

1:30-3:30pm **Bouldering Room** – see adventure notes

1:30-3:30pm High Ropes Course – 7th grade and older. Must sign-up on bulletin board.

1:30-4:00pm Nature Activity (Geology/Chapel Rock Hike) – meet on porch of Nature Center

2:00-4:00pm Camp Store will be open

2:30pm **Archaeology** – Meet on the porch of the nature center at 2:30.

2:30-4:30pm Stamping Class in the Redwood Lodge (for those who signed up, bring your \$10)

3:00pm Youth/Staff Challenge – Volleyball/Nukum – meet at the asphalt Courts
3:30-5:00pm Adult Craft Time – Enjoy making crafts from the window without the kids
4:00pm Adult/Staff Challenge – Softball at the Ball Field (must be 17 or older)

4:00pm Skill Craft – See sign-up board

4:30-5:00pm Sand Play and Swim Time at the Lake for campers 7 and younger

5:15-6:00pm **Dinner**

6:00-7:30pm Camp Store will be open

6:15-7:00pm Minute to Win It at Dogwood Picnic Shelter – each family will participate in

these fun games together! It doesn't matter how many people are in your family

or the ages... it will be fun for everyone!

7:15pm Worship and Campfire at Chapel Rock –Chapel Rock is an AWESOME place

for worship and campfire but is a long hike. Plan on being gone from 7:15-9:15.

Meet on porch of Nature Center.

7:30pm **Worship** – By the cross at Lower Lake

8:15pm **Campfire** – Upper Lake

9:00-11:00pm Snacks available in the Dining Hall

9:00-11:00pm Fireside Chat and Marshmallow Roasting – next to the Dining Hall

9:30pm Stars & Stories – meet on the porch of the Nature Center

10:00-11:00pm **Teen Swim** – pool (ages 13-19)

11:00pm **QUIET TIME**

WEDNESDAY THERE BE PIRATES IN THIS HERE CAMP!

7:45am **Morning Watch** – Octagon Shelter

8:00-9:00am **Breakfast**

8:30am **Table Grace** and **Announcements**

8:45am Flag Raising at the Flagpole next to the Dining Hall

8:45am Family Camp Choir Rehearsal – Meet in Fireside Room – all ages are welcome 9:20am Opening for Kid's Bible Study Groups – Parent's can start to drop kids off at

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the Ed. Bldg. for Bible Study Group. We will open with songs and skits.

Bible Study and Morning Activities – Kids meet at the Education Building.

Children will leave from there for Bible Study and recreation.

9:30-11:30am Adult Bible Study

Experiential with Randy Gullickson – Octagon Picnic Shelter

Traditional with Pastors Tricia & Tony Schneck – Fireside Dining Room

11:30am **Pick up kids** from Bible Study and recreation at the Education Building.

Swim Lessons – Must sign-up. See Activity notes.

12:00-1:00pm **Lunch**

9:30-11:30am

11:45-12:15pm

12:30pm Table Grace and Announcements

1:00pm **Tournament** challenges

1:00-2:00pm Make-it, Take-it Craft — Redwood Lodge

1:00-3:30pm Crafts for the whole family (children under 12 must be accompanied by an adult) 1:00-5:00pm Family Activities (swimming, boating, fishing, hiking, tournaments, recreation)

1:00pm Bike Trail at Moraine State Park – see adventure notes – must sign-up

1:30pm Garden Time at Terra Dei – meet at Terra Dei Homestead 1:30pm Nature of the Lake – Meet on the porch of the Nature Center

1:30-2:30pm Low Zipline – near the GaGa court. Must be between 4 & 5 feet tall. 1:30-3:30pm High Ropes Course – Adults Only. Must sign-up on bulletin board.

2:00-4:00pm Camp Store will be open 2:30pm Presentation – Fireside

2:30-4:00pm Firebuilding – Learn how to build a campfire and get some practice! Meet at the

picnic tables next to the Dining Hall

3:00-5:00pm **Pony Rides** – At the A-Frame Village (4th grade and younger)

3:00-4:00pm Staff Challenge – Capture the Flag in the Ball Field – Fun for the whole family!

3:30-5:00pm Climbing Chimney – See adventure activity notes

3:30-5:00pm Adult Craft Time— Enjoy making crafts from the window without the kids

4:00pm Skill Craft – See sign-up board

4:00-5:15pm Chair Massage in the Fireside Room – sign up for appointment - \$10/10 minutes

5:15pm **Pirate Feast** – Picnic Tables next to the Dining Hall

6:00-7:30pm Chair Massage in the Fireside Room – sign up for appointment - \$10/10 minutes

6:00-7:00pm **Pirate Games** – Lower Lake 7:15pm **Worship** – Lakeside Chapel

8:00pm **Pirate Campfire** – Lower Lake (bring something to sit on)

6:00-7:15pm **Camp Store** will be open

9:00-11:00pm Snacks available in the Dining Hall

9:00pm "Walk-In" Outdoor Movie Night – Dogwood Shelter –

Pirates of the Caribbean

9:00-11:00pm Fireside Chat and Marshmallow Roasting – next to the Dining Hall

11:00pm **QUIET TIME**

THURSDAY LUTHERLYN'S GOT TALENT!

7:45am Morning Watch - Octagon Shelter

8:00-9:00am **Breakfast**

8:30am **Table Grace** and **Announcements** will be made half way through each meal

8:45am Flag Raising at the Flagpole next to the Dining Hall

Family Camp Choir Rehearsal – Meet in Fireside Room – all ages are welcome 8:45am

Tournament Scheduling Meeting by the sign-up board on the Porch 9:15am

Opening for Kid's Bible Study Groups – Parent's can start to drop kids off at 9:20am

the Ed. Bldg. for Bible Study Group. We will open with songs and skits.

Bible Study and Morning Activities – Kids meet at the Education Building.

Children will leave from there for Bible Study and recreation.

9:30-11:30am **Adult Bible Study**

Experiential with Randy Gullickson – Octagon Picnic Shelter

Traditional with Pastors Tricia & Tony Schneck – Fireside Dining Room

Pick up kids from Bible Study and recreation at the Education Building. 11:30am

Swim Lessons – Must sign-up. See Activity notes.

12:00-1:00pm Lunch

9:30-11:30am

11:45-12:15pm

12:00-1:30pm **Mountain Pie Lunch Packout** – Shaulis Firecircle – *Must sign-up by the end of*

lunch on Tuesday.

Table Grace and Announcements 12:30pm

1:00pm **Horseback Riding** – see adventure notes – must sign-up

1:00-2:30pm Make-it, Take-it Craft – Redwood Lodge

1:00-3:30pm **Crafts** for the whole family (children under 12 must be accompanied by an adult)

1:00-5:00pm Family Activities (swimming, boating, fishing, hiking, tournaments, recreation)

1:30-3:30pm

Bouldering Room – see adventure notes **High Ropes Course** – 7^{th} grade and older. Must sign-up on bulletin board. 1:30-3:30pm

Trees with Todd - Meet on the porch of the Nature Center. 1:30pm

2:00-4:00pm Camp Store will be open

2:30pm **Praying In Color Presentation** – \$5 for supplies, sign up Sun. – Fireside Room

3:00-4:00pm Youth/Staff Challenge – Ultimate Frisbee – meet at Field #2

3:00pm **Talent Show Meeting** – All Talent Show performers meet in Rice Hall 3:30-5:00pm Adult Craft Time—Enjoy making crafts from the window without the kids 4:00pm **Adult/Staff Challenge** – Ultimate Frisbee at Field #2 (must be 17 or older)

4:00pm Skill Craft – See sign-up board

Day Camp Activity – Parachute Games in Field in front of Dining Hall 4:30-5:00pm

5:15-6:00pm **Dinner**

5:30pm **Table Grace and Announcements**

Canoeing, Kayaking, and Swimming at Lower Lake 5:45-7:00pm

Ropes Course – Adults Only – Meet on the Porch of the Nature Center 6:00-7:00pm

Ropes Course – 8th-12th Graders Only – Meet on the Porch of the Nature Center 6:00-7:00pm

Adult Swim at the Pool 6:00-7:00pm 6:00-7:30pm Camp Store will be open

6:15pm Campfire & S'Mores for Pre-School - Primary Grade Campers - Peace Firecircle

7:00pm **Worship** – Peace Firecircle (next to the Education Building)

7:30pm **Talent Show** – Rice Hall – Limit acts to three minutes, sign up on bulletin board

on Dining Hall porch by lunch Thurs.

Campfire – Peace Firecircle 9:00pm

Snacks available in the Dining Hall 9:15-11:00pm

9:30pm **Teen Campfire Cookout** – Peace Fire Circle (next to the Ed. Bldg. - ages 13-19)

9:30-11:00pm Fireside Chat and Marshmallow Roasting – next to the Dining Hall

11:00pm **QUIET TIME**

FRIDAY HAPPY 4TH OF JULY!!!

7:45am Morning Watch - Octagon Shelter 8:00-9:00am **Breakfast** served cafeteria style (for those who need a little extra time to get through the serving line, you may begin 5 minutes prior to each meal time.) Table Grace and Announcements will be made half way through each meal 8:30am 8:45am Family Camp Choir Rehearsal – Meet in Fireside Room – all ages are welcome 4th of July Flag Raising 9:15am 9:20am Opening for Kid's Bible Study Groups – Parent's can start to drop kids off at the Ed. Bldg. for Bible Study Group. We will open with songs and skits. 9:30-11:30am **Bible Study and Morning Activities** – Kids meet at the Education Building. Children will leave from there for Bible Study and recreation. 9:30-11:30am **Adult Bible Study Experiential** with Randy Gullickson – Octagon Picnic Shelter **Traditional** with Pastors Tricia & Tony Schneck – Fireside Dining Room **Pick up kids** from Bible Study and recreation at the Education Building. 11:30am 11:45-12:15pm **Swim Lessons** – Must sign-up. See Activity notes. Lunch (Past Staff & Past Campers plan Campfire in Small at 12:15) 12:00-1:00pm 12:30pm Table Grace and Announcements 1:00pm **Rock Climbing at Mills** – see adventure notes – must sign-up 1:00-2:30pm Make-it, Take-it Craft - Redwood Lodge Crafts for the whole family (children under 12 must be accompanied by an adult) 1:00-3:30pm 1:00-5:00pm Family Activities (swimming, boating, fishing, hiking, tournaments, recreation) 1:30-3:30pm **Climbing Chimney** – See activity notes **Acid Mine Site** – Meet on the porch of the Nature Center 1:30pm 1:30pm Garden Time at Terra Dei – meet at Terra Dei Homestead Camp Store will be open 2:00-4:00pm 2:30-3:30pm **BINGO** in Fireside 3:00-4:00pm Youth/Staff Challenge – GAGA Ball – meet at the gaga court 3:30-4:30pm Adult Craft Time—Enjoy making crafts from the window without the kids Adult/Staff Challenge – GAGA Ball – at the gaga court (must be 17 or older) 4:00pm Parade participants meet in Rice Hall 4:30pm 4th of July Parade will come down the road from the Dining Hall to the Flag Pole 4:45pm area. If you are not in the parade, please sit along the road by the flag pole to cheer! Everyone will meet at the flagpole after for sparklers. Dinner (Pick up your picture, directory, store refund, and evaluation in the Dining Hall Lobby) 5:15-6:00pm 5:30pm Table Grace and Announcements 6:30pm **Worship** – Amphitheater 8:15pm **Dessert Buffet & Family Camp Award Presentation** – Dining Hall Campfire (Lead by Past Staff Campers and Past Family Camper Staff) – Shaulis 9:15pm

BREAKFAST FROM 8:00-9:00am. If you will not be here for breakfast on Saturday please sign your name on the bulletin board on the porch by lunch on Friday so that the kitchen staff can plan accordingly. Pick up your picture, directory, store refund, and evaluation in the Dining Hall Lobby.

Teen Game Night – Fireside Room (ages 13-19)

OUIET TIME

Fireside Chat and Marshmallow Roasting – next to the Dining Hall

9:30-11:00pm

11:00pm

10:00-11:00 pm

ACTIVITIES NOTES

YOUTH BIBLE STUDY AND RECREATION GROUPS

9:30 - 11:30 A. M. DAILY

Please drop your children off at the Education Building between 9:20 and 9:30 a.m. Counselors will be back at the Education Building at 11:30 am (Please pick your children up at the Education Building). The list of counselors who will be doing Bible Studies with kids is posted in front of the Dining Hall.

FAMILY CAMP CHOIR will rehearse 8:45-9:20am on Monday through Friday in the Fireside Room of the Dining Hall. The choir will sing at the Talent Show on Thursday night and at closing worship on Friday night. All are welcome!

HORSEBACK RIDING:

Trail Ride - The session will include pre-ride instruction and then an hour trail ride. Meet in front of the office at 1pm on Thursday for a guided hike to the barn. Must wear jeans. A sign-up sheet will be posted on the Dining Hall porch. No riding double is permitted. Riders under the age of 18 must have a parent go with them and all riders must be 12 or older. Must sign up by dinner on Wednesday. Thursday - 1:00-3:00 p.m. 10 riders max. Ages 12 & up. 250lbs or less.

Pony Ride – Campers must be 4th grade or younger and be accompanied by an adult. Wednesday – 3-5pm.

SPECIAL RECREATION:

Adult/Staff Challenge - Each day. (**Please Note**: Must be 17 years or older to participate in this time block. Those under the age of 17 will be asked to watch.)

Monday: Volleyball - Meet at Sand Court Tuesday: Softball - Meet at Ball field

Wednesday: Capture the Flag - Meet at Ball field (Families Invited)

Thursday: Ultimate Frisbee – Meet at Field #2 Friday: GaGa Ball – Meet at the GaGa court

Youth/Staff Challenge (Please Note: You must be 16 or younger to participate in this time block with the staff.)

Monday: Kickball Games - Meet at Ball field

Tuesday: Volleyball/Nukum - Meet at Asphalt Courts Wednesday: Capture the Flag - Meet at Ball field (All Ages)

Thursday: Ultimate Frisbee – Meet at Field #2 Friday: GaGa Ball – Meet at the GaGa court

Available all week:

- **Disc Golf** Discs and score cards for Lutherlyn's 9 or 18 hole disc golf course are available from the camp office.
- Indoor Gaga The NEW indoor GaGa court is in the Education Building.
- **Board Games** There is a bin of cards and games on the dining hall porch. Please do not remove games from the Dining Hall area and make sure they are returned to the bin when you are finished playing.
- **Sports** The playing fields and courts all have the appropriate sports equipment in a basket, please return it to the basket when finished.

Swim Lessons: Swim lessons are available for beginner and intermediate swimmers each day from 11:45-12:15. Swim lessons are for the entire week. Please sign-up by 9:30 on Monday morning. The name, age, and swim level of each camper should be listed on the sign-up sheet. Please have your swimmer at the pool by 11:45 each day and be there to pick them up promptly at 12:15. Limit of 16 swimmers.

SPECIAL AFTERNOON ACTIVITIES:

There will be a special presentation or activity in the Fireside Room each afternoon.

Monday Geneology

Tuesday Lutheran World Relief Quilts

Wednesday Life in Senegal

Thursday Praying in Color (\$5 for book)

Friday Bingo

CRAFTS CABIN:

Family Hours: 1:00 - 4:00 p.m.

Adult Hours: 4:00 - 5:00 p.m. (This time is set aside for Adults only.)

PLEASE NOTE: CHILDREN UNDER 10 YEARS OF AGE MUST BE ACCOMPANIED BY AN ADULT (18 YEARS OR OLDER)

Adult Crafts: The Craft Cabin will be open for adults only from 4:00-5:00pm each day. This will be for the crafts in the window.

A special "Make-it, Take-it" project will be available each afternoon.

(except for Monday due to Family Tie-Dying):

Monday 3:30-5:00 - Tie Dyeing (this is a Family Craft – kids under 12 years old must have an adult

with them). White bandanas and Lutherlyn shirts are available at the craft cabin.

\$3 per shirt for tie-dye (you bring the shirt)

Tuesday Stamping Class in Fireside (sign up ahead of time)

Wednesday Wire Christmas Angel Ornaments - \$2

Thursday Wooden Nativity - \$3 Friday Arm Knitted Scarf - \$15

VISIT SUMMER & JESSICA! THEY WILL BE LOOKING FOR YOU! ALL CRAFTS ON FRIDAY AFTERNOON WILL BE CASH/CHECK ONLY. (STORE ACCOUNT REFUNDS WILL ALREADY BE PROCESSED).

SPECIAL ACTIVITIES FOR KIDS 7 AND UNDER DAILY FROM 4:30-5:00 (parents must stay with their child):

Monday Songs & Stories in Redwood Lodge Tuesday Sand Play/Swim Time at the Lake

Wednesday Pony Rides (3:00-5:00 near the A-Frame Village) – 4th Grade and younger

Thursday Parachute Games in the Field in front of the Dining Hall

Friday 4th of July Parade

There is also a special Campfire for younger campers (and anyone else who would like to attend) at 6:15 on Monday and Thursday.

MEALS: Meals are served between the following times: Breakfast - 8:00-9:00; Lunch - 12:00-1:00; Dinner - 5:15-6:00 Please respect these serving times. If you have special dietary needs, please talk with Chef Mike or one of the Cooks.

GRACE AND ANNOUNCEMENTS: Graces and announcements will be made halfway through each meal. This is an attempt to reach the greatest number of people at one time for these important items. Families who feel the need to give thanks before they eat may do so on their own.

CHANGING TABLE: There is a baby changing table in the family restroom on the Fireside Room side of the Dining Hall.

WATER AEROBICS: Many people have heard of low impact aerobics. Well, aerobics in water is virtually no-impact, and at the same time offers four times the resistance of air, enabling one to tone and strengthen muscles through less intensive exercise. Aquatic exercise provides a workout for both the upper and lower parts of body....so come join us for an hour of fun and exercise. Any age....must be 4 1/2 ft. tall. **Monday - 6:00 to 6:45 p.m. at the Pool.**

HIGH ROPES COURSE & ZIPLINE: The High Ropes Course and Zipline are for campers entering 7th grade and older. Please sign up on the Bulletin Board, 15 people can sign up for each afternoon. Please only sign up for 1 day so that everyone has the opportunity to go. Tuesday and Thursday from 1:30-3:30 for anyone 7th grade and older. Wednesday from 1:30-3:30 for adults only. 250lb weight limit.

BOULDERING ROOM: Bouldering is a fun and safe way to give Rock Climbing a try with out the height or harness. The Bouldering Room is in the Education Building. The room will be open for anyone from 1:30-3:30 on Tuesday and Thursday. It will be open for kids 10 and younger on Monday from 1:30-2:30 and for adults only on Monday from 2:30-3:30.

CLIMBING CHIMNEY: Lutherlyn Staff will be at the Climbing Chimney (back of the Dining Hall) on Wednesday and Friday. In order to do the Climbing Chimney you must be entering at least 7th grade next year.

TOURNAMENTS: Tournaments will run Tuesday through Friday during the afternoon and evening. Please sign-up (including your name and cabin number) for any tournament play you would like to participate in on Monday, and meet the other participants at 1:30 p.m. on the Dining Hall Porch. Tournament pairings and times will be set at the Monday meeting. Unit Leaders will oversee tournaments and one Staff or family member will organize each tournament. There will be no loser's bracket play. All tournaments are single elimination. Tournament participants will meet on the side porch of the Dining Hall (by the sign-up board) at 1:30 on Monday for a brief organizational meeting. **Tournaments planned include:** *Scrabble, Horse Shoes, Ladder Golf, Disc Golf, Euchre, Bocce Ball, 3-on-3 Basketball, and Volleyball (6 person teams - maximum of 4 males).*

VOLLEYBALL: Pick-up games are to be played on the asphalt courts. Tournament games have priority on the sand courts.

4th of JULY CELEBRATION: We will have a Door/Cabin Decorating Contest to celebrate the 4th of July. Families are encouraged to decorate the outside of their cabins. Representatives from the Lutherlyn staff will judge the doors/Cabins on Friday at lunch time. Awards will be presented at the Dessert Buffet on Friday evening. There will be a 1st place and a runner up for the main camp cabins and one for the Shaulis Cabins and campsites.

PICTURES: Family Camp pictures will be taken on **Monday** at 1:00 p.m. at the **Amphitheater**. One picture per family was included with your registration fee. One photo will be distributed to each family at the end of the week.

TALENT SHOW: The family talent show will be Thursday night. A sign up sheet will be posted on the porch of the Dining Hall. Each family should limit themselves to one act in order that all families may participate. Talent Show performers will meet in Rice Hall at 3:00 on Thursday.

NATURE ACTIVITIES

THE NATURE CENTER -- (Located on the far side of the Parking Lot). The Nature Center is available daily. Lots of activities and interesting items from God's creation are waiting for your family. Adult supervision is requested. The Nature Center will be open for your enjoyment all day. We welcome you to tour.

AFTERNOON NATURE EXCURSIONS - for the family will be given daily (weather permitting). These events are for the whole family! Most hikes begin at - 1:30 p.m., and depart from the E.E. Center unless otherwise noted.

MONDAY STREAM CRITTERS – Investigate the incredible variety of life in the Shawnee Run stream. Wear shoes that can get wet

or muddy. 1:30 p.m.

TUESDAY GEOLOGY HIKE – Hike to Chapel Rock and learn about the geology of this area. Meet on the E.E. Center porch at 1:30.

ARCHAEOLOGY – Dig up Lutherlyn's past at one of our Archaeological Dig Sites! Rain or Shine. Meet on the porch of

the EE Center at 2:30.

STARS & STORIES - Meet on the porch of the E.E. Center at 9:30 to hike, look at the stars, and learn about

constellations.

WEDNESDAY NATURE AT THE LAKE – Explore the water life at (and in) Upper Lake... Microscopes are available! Meet on the EE

Center porch at 1:30.

GARDEN TIME AT TERRA DEI – Your help in the organic garden would be greatly appreciated. Help control weeds

and pests without chemicals, and harvest any produce that is ready. 1:30 p.m. Meet at the garden.

THURSDAY TREES WITH TODD—Join the search for Lutherlyn's oldest trees! Meet on the EE Center porch at 1:30.

FRIDAY ACID MINE SITE – Visit our mine pollution passive treatment system. Go by van to our abandoned mine site and learn

what the pollution is and how our clean up system works. Meet on the porch of the EE Center at 1:30.

GARDEN TIME AT TERRA DEI – Your help in the organic garden would be greatly appreciated. Help control weeds

and pests without chemicals, and harvest any produce that is ready. 1:30 p.m. Meet at the garden.

MEET AT THE EBERLY ENVIRONMENTAL EDUCATION CENTER (Nature Center) BY THE PARKING LOT FOR ALL HIKES. (No children without an adult, please.)

Any changes due to weather (or whatever) will be posted daily on the Dining Hall bulletin board, and will be announced at lunch.

Adventure Program Opportunities

Adventure Programs are available to those who are 7th grade and above. All activities run 1:00-5:00 p.m. (unless noted differently) on a sign up basis. Sign up sheets will be posted on the bulletin board on the porch of the Dinning Hall.

MONDAY

Canoeing at Moraine State Park: A relaxing trip on beautiful Lake Arthur. Basic canoeing skills will be taught upon arrival at the lake, and will be followed by a few hours on the lake. Limited to 10 participants. *Meet in the parking lot after the camp photo. Please bring a water bottle!*

Bouldering Room: Bouldering is a fun and safe way to give Rock Climbing a try with out the height or harness. The Bouldering Room is in the Education Building. The room will be open for anyone from 1:30-3:00 on Tuesday and Thursday. It will be open for kids 10 and younger on Monday from 1:30-2:30 and for adults only on Monday from 2:30-3:30.

TUESDAY

Hike at McConnell's Mills State Park: Enjoy a nice (moderate difficulty) hike through one or Pennsylvania's beautiful state parks. Limited to 10 participants. *Meet in the parking lot at 1:00pm. Please bring a water bottle!*

Bouldering Room: Bouldering is a fun and safe way to give Rock Climbing a try with out the height or harness. The Bouldering Room is in the Education Building. The room will be open for anyone from 1:30-3:00 on Tuesday and Thursday. It will be open for kids 10 and younger on Monday from 1:30-2:30 and for adults only on Monday from 2:30-3:30.

HIGH ROPES COURSE & ZIPLINE: The High Ropes Course and Zipline are for campers entering 7th grade and older. Please sign up on the Bulletin Board, 15 people can sign up for each afternoon. Please only sign up for 1 day so that everyone has the opportunity to go. Tuesday and Thursday from 1:30-3:30 for anyone 7th grade and older. Wednesday from 1:30-3:30 for adults only. 250lb limit.

WEDNESDAY

Biking at Moraine State Park: Ride the 7 mile paved bike trail at Moraine State Park. Limited to 10 participants. Participants must by 12 or older and must use one of Lutherlyn's bikes (unless your bike is approved by an Adventure Guide). *Meet in the parking lot at 1:00pm.*

Climbing Chimney: Lutherlyn Staff will be at the Climbing Chimney (back of the Dining Hall) on Wednesday 3:30-5:00. In order to do the Climbing Chimney you must be entering at least 7th grade next year.

HIGH ROPES COURSE & ZIPLINE: The High Ropes Course and Zipline are for campers entering 7th grade and older. Please sign up on the Bulletin Board, 15 people can sign up for each afternoon. Please only sign up for 1 day so that everyone has the opportunity to go. Tuesday and Thursday from 1:30-3:30 for anyone 7th grade and older. Wednesday from 1:30-3:30 for adults only. 250lb limit.

THURSDAY

Horseback Riding: The session will include pre-ride instruction and then an hour trail ride. Riders must **wear jeans** to ride. No riding double is permitted. Riders under the age of 18 must have a parent go with them and all riders must be going into 7th grade or older. Limited to 10 participants. *Meet in the parking lot at 1:00pm*.

Bouldering Room: Bouldering is a fun and safe way to give Rock Climbing a try with out the height or harness. The Bouldering Room is in the Education Building. The room will be open for anyone from 1:30-3:00 on Tuesday and Thursday. It will be open for kids 10 and younger on Monday from 1:30-2:30 and for adults only on Monday from 2:30-3:30.

HIGH ROPES COURSE & ZIPLINE: The High Ropes Course and Zipline are for campers entering 7th grade and older. Please sign up on the Bulletin Board, 15 people can sign up for each afternoon. Please only sign up for 1 day so that everyone has the opportunity to go. Tuesday and Thursday from 1:30-3:30 for anyone 7th grade and older. Wednesday from 1:30-3:30 for adults only. 250lb limit.

FRIDAY

Rock Climbing at McConnell's Mill: Enjoy an afternoon of fun and adventure on the rock cliffs of McConnell's Mill State Park. Climbs of varying degrees of difficulty are available to accommodate first-time climbers to those who are looking for a higher challenge. Limited to 10 participants. *Meet in the parking lot at 1:00pm. Please bring a water bottle!*

Climbing Chimney: Lutherlyn Staff will be at the Climbing Chimney (back of the Dining Hall) on Friday from 1:30-3:30. In order to do the Climbing Chimney you must be entering at least 7th grade next year.

DINING HALL PROCEDURES

Welcome to the Dining Hall!

Below you will find some helpful information about what to expect at the Dining Hall.

Grace and announcements will be made in the middle of every meal in the Dining Hall.

Meals will be served cafeteria style in both the Large and the Small dining halls.

- -- Trays, dishes and silverware are found at the beginning of the serving line. Please do not take a tray if you do not need it.
- -- We will be serving buffet style. As such, you will be serving yourself. Please remember to eat what you take, and to be good stewards of God's resources. Seconds will be available after everyone has been through the lines once. Parents, please supervise your children through the service lines to reduce waste and for safety reasons.
- -- Drink stations can be found in each dining room. Glasses are located in the racks beside the drink dispensers. Coffee and tea along with creamer and sugar can be found at the drink stations also.
- --There will be two salad bars/breakfast bars in the Large dining hall and one in the Small dining hall for your convenience. These will be separate from the meal service lines and will be equipped with dishes as well. If you don't care to eat the hot dish that is being served, you may go directly to the salad bar.

When you have finished eating please scrape and clean off your plates.

- -- ALL liquids go in the liquid bucket found at the dish return areas in the two dining halls.
- -- Foods such as cheese, meat, bones, ranch dressing, peanut butter, eggs and paper products are to be disposed of in the yellow trash shoot located on the dish counter.
- -- All fruits, vegetables and bread products can be put in the COMPOST bucket.
- -- Plates and bowls and cups can then be given to the kitchen staff to clean.
- -- The last person at each table should wipe the tables off using the bucket and rags found at the dish stations.
- -- Cups are placed in the cup rack at the dish return area.
- -- Flatware is placed in the gray bins located at the dish return area.

Please follow these procedures for ease of service and hospitality to kitchen staff and guests.

THE FAMILY CAMP COMMUNITY

Although the following rules are expressed in "negative" terms, they are established for the "positive" purpose of providing the best possible community experience for the campers who come to Lutherlyn. The cooperation of each camper will assist the Administration and Staff to provide all with a week of friendly, enjoyable Christian community life that is outstanding in today's world.

1. USE OF MOTOR VEHICLES

All motor vehicles must remain parked in the parking lot. Use of car or other motor vehicles is strictly prohibited in the cabin area at all times. Please do not park by your cabins. Please observe posted speed limits

2. BIKES All riders under age 12 are required to wear a helmet.

All bike riding will stop at 8:30pm each evening. Pedestrians have right of way and bikes must yield. Bikes must be parked in designated areas near Rice Hall, Wallace Hall, Ed Building, and Dining Hall. Do not park on porches.

3. QUIET TIME

There is no restriction regarding lights out in the cabins. BUT, quiet time is set at 11:00 p.m. The Dining hall will be available for adults to enjoy late hour fellowship.

4. CAMPFIRES

Fires are permitted in the established campfire areas only.

5. LITTERING

Please help us keep our camp clean and beautiful. Use the litter cans provided for that purpose. **Cigarette** and **cigar butts** and **chewing gum wads** are considered litter; please do not throw them on the ground. Pop can tabs are cause for injury to feet; please deposit them in the trashcans. All aluminum cans may be recycled in containers in front of the office and Rice Hall. Glass & plastics (1&2) may also be recycled in containers in front of the Stewart Center (Staff Lounge).

6. **FOOD**

Food, boxes of cereal, crackers, etc., must never be taken from the Dining Hall except by permission from Administration. Evening snacks will be provided in the small DINING HALL. These snacks may be taken to the cabins. **PLEASE DO NOT ENTER OR PASS THROUGH THE KITCHEN AT ANY TIME**. Please use the paper or disposable cups conservatively for the economy and ecology of the camp.

7. SUPERVISION OF CHILDREN

Except during the morning program, families must supervise their children at all times. This is especially important while swimming, boating and fishing. The "Buddy System" will be used by all people at all times at the waterfront.

Campers are not permitted to climb trees in the camp area for the good health of the young trees and young children.

Please do not permit your children to throw stones on the camp, in the reflecting pool at the amphitheater or in the lake.

8. **PETS**

The Lutherlyn Board of Directors, for the health and safety of all campers, has adopted a NO PET POLICY.

9. GAMBLING, DRUGS, FIREARMS, ALCOHOL, ETC.

Gambling and illegal drugs are never permitted on the campsite. Firearms, air rifles, archery equipment, slingshots, or weapons of any kind are not permitted on the camp site at any time. Alcohol is prohibited.

10. QUIET CONSIDERATION

During both morning and evening periods a quiet atmosphere must be maintained throughout the camp. This also applies to any special devotional period that might be scheduled. Tournaments and other activities should not be scheduled during study and devotional times.

11. GUESTS WELCOME

A limited number of guests or visitors are welcome provided that reservations are made at least one day in advance so that necessary preparations can be made. Go to the Camp Office to make reservations for your guests.

12. REMINDER TO ALL

Please be courteous and respectful toward other campers and the staff. Smile at others often and have fun. Thank you.

WATERFRONT AND POOL RULES

The following are the **WATERFRONT** and **POOL** rules. Please read them carefully as many of them have been changed. These rules have been established and revised for the safety of all swimmers. They must be followed to insure maximum safety. All rules must be followed, otherwise you will be asked to leave.

- 1. The buddy system will be enforced at all times for ALL swimmers. If you do not have a buddy, one will be assigned to you.
- 2. Non-swimmers under 16 and all children under 10 years old must be accompanied by a parent or guardian.
- 3. Wooden docks are guard-watching areas and are off limits to swimmers.
- 4. NO swimming underwater near the wooden docks.
- 5. ALL swimming is to be done inside the roped off areas.
- 6. Boats are not permitted in the swimming area.
- 7. There will be absolutely NO diving into the swimming pool. It is too shallow.
- 9. Children under 4'6" must be carefully supervised at the pool (The pool is 4' deep)
- 10. The following will not be tolerated inside the fenced off areas of the Pool and Lake:

Smoking Foul Language

Food or Drink Horseplay (chicken fights)

Chewing gum Persons under the influence of alcohol

The Lifeguard's authority needs to be respected.

HAVE FUN BUT PLEASE SWIM SAFELY THANK YOU!

BOATING AND CANOEING:

- 1. All persons using boats and canoes must wear life jackets.
- 2. Stay away from the swimming area at all times.
- 3. No horseplay is permitted while boating and canoeing.
- 4. Three (3) person maximum per canoe.
- 5. Kayakers must be 7th grade or older.
- 6. Always return paddles and oars to the paddle room when finished using them.
- 7. Please remain seated in the boats.

DIVING BOARDS:

- 1. Your buddy must be with you. If your buddy doesn't want to go off the board, they may wait for you on the dock.
- 2. Only one at a time on the diving boards.
- 3. After diving, surface immediately and return to the dock.
- 4. Make sure coast is clear before diving.
- 5. No swimming in the diving area.
- 6. Attempt only forward dives and feet first jumps. (NO FLIPS) (Ask the guards what is permitted)
- 7. Diving from the cement deck is not permitted.

FISHING

REGULATIONS:

- 1. Only registered campers may fish.
- 2. Live minnows may not be used for bait.
- 3. Barbs must be removed or crimped on all hooks or lures.
- 4. All bass under 9 inches and pickerel under 24 inches must be released with care.
- 5. Two bass per day and one pickerel per week is the limit per camper.
- 6. Campers will not be permitted to wade into the Lake.

UNIVERSAL EMERGENCY PROCEDURES

STEP ONE: STAY CALM:

Remember, a life may depend upon your clear thinking and prompt, correct action. You can help no one if you panic or perform the incorrect action.

STEP TWO: ASSESS THE SITUATION:

What are the facts? Is there still danger? Is there need for help? Should we take cover? Is there injury? What needs to be done?

STEP THREE: PLAN THE COURSE OF ACTION

Determine the order of needs, movement, first aid, send for help, take cover, etc. Plan how to carry out the action. Determine who is to do what. When applicable, yield authority to a superior or to one more highly trained in dealing with the emergency.

STEP FOUR: CARRY OUT THE PLAN:

When you have formed your plan, put it into action.

STEP FIVE: GET HELP AS SOON AS POSSIBLE:

This step may have been part of step four or it could wait until the emergency passed. As soon as possible, notify the Nurse, Directors/Unit Leaders.

PUBLIC RELATIONS CONCERNING AN EMERGENCY

- 1. Cooperate fully with the authorities.
- 2. Know the essential facts, i.e., nature of events, results. Stick to the Facts!! Do not offer opinions.
- 3. Do not volunteer information to spectators, campers or strangers.
- 4. If asked about insurance coverage, you are only authorized to say "it will be referred to the camp's insurance company."
- 5. In dealing with the news media/public, maintain an attitude of cooperation, but do not give any information. Refer all questions to the Directors.
- 6. Never give any information off the record.

DUTIES OF THE NURSE AND GENERAL STAFF

- 1. Give prompt attention to campers and staff in need.
- 2. Record all medications, band aids, etc., with the date, time, and what you did. If you are out of camp, write it down anyway and make sure the nurse receives the information upon return to camp. THIS IS MOST IMPORTANT FOR YOUR SAFETY AND THE CAMP'S.
- 3. Report to the nurse any problems that concern the health of your campers and yourself.

CAMP LUTHERLYN DISASTER PLAN MANUAL

"Universal Emergency Procedures" To be applied in all "disaster situations."

- 1. The administrator on duty will direct all operations from the office.
 - ** All staff and campers will listen for instructions which will be given over public address system.
- 2. If the public address system is non-operative, staff will assume the "decision making role" in close adherence to the principles set forth in this manual.
- 3. Following any major disaster it is very important for all people to remain where they are until an inspection is made of the area by the Administrator.
- 4. The Administrator on duty or other appointed personnel will:
 - a. Call 911 to request the proper help.
 - 1. State nature of emergency.
 - 2. Give directions to camp and the site of emergency our address is 500 Lutherlyn Lane, Butler, PA 16001 (Instruct emergency vehicles to use main gate)
 - 3. Give camp phone number 724-865-2161
 - b. Dispatch someone to front gate to guide emergency personnel to site.
 - ** The person at the Main gate should let only emergency vehicles onto the camp and close the gate to all other traffic.
 - c. Remain at the office to receive all requests for aid, and to send the proper staff to areas in need of help.
 - d. Initiate the follow-up inspection of scene.
 - e. Issue the "all clear" signal when proper to do so.
- 5. To make these emergency plans most effective, all camp groups will make a daily report of all activities on the activity board in the staff lounge. This will include:
 - a. Group and leader identification.
 - b. Time and place of activity.

SEVERE STORMS

- 1. When severe warnings are received by the camp office, the administrator on duty will:
 - a. Notify all staff members and campers of the warning.
 - 1. All activities will be restricted to cabin areas.
 - 2. All campers and counselors remain in cabin groups
 - b. If there is not time for a staff meeting, the Administrator will issue a call via the public address system for all campers and staff to return immediately to cabins.

2. Counselors will:

- a. Make a check to make sure all campers are present.
- b. Initiate activities to keep campers occupied throughout storm periods.
- c. Not permit campers to leave the cabin until the "all clear" has been issued.
- 3. If cabins or buildings are struck by lightening:
 - a. The staff person in charge will:
 - 1. Evacuate all persons and send them to the immediate next building.
 - 2. If persons are injured, initiate proper first aid procedures.
 - 3. Send a responsible person to nearest place to call for help.
 - b. The Administrator in charge upon receiving the call for help will:
 - 1. Initiate the procedures outlined in "Universal Emergency Procedures".
 - 2. Send additional staff to the scene of disaster.

WIND STORMS

- 1. Seek shelter inside a building.
 - a. Camper cabins are preferred.
 - b. Other buildings with smallest roof areas are best if you are not near your cabin.
 - c. Avoid buildings with many windows or large windows.
 - d. Inside of building, gather in the corner which faces the direction from which wind is coming.
 - e. Construct an inside shelter of tables, beds, etc., and place all people under it.
 - f. If needed, give first aid treatment within the "inside shelter".
 - g. If possible, evacuate the area when the storm subsides.
 - h. If a person is trapped, send a pair of reliable persons to the office or nearest calling point to request help.
- 2. If no buildings are available:
 - a. Lie flat on the ground in ditches or depressions or behind large rocks and stumps.
 - b. Avoid the areas where there are large trees or electric lines.
 - c. Seek shelter in groves of small trees or brush.
 - d. When storm subsides initiate first aid procedures if necessary.
- 2. Report your location to camp office as soon as possible.

FIRES

FIRES IN BUILDINGS:

- 1. When a fire is detected:
 - a. Notify office.
 - b. Evacuate the area.
 - c. Make a check to determine the presence of campers.
- 2. In case of major fire the Administrator will order a mass evacuation by announcing it over the public address system.
 - a. Camp counselors will lead their campers to the announced location of their Unit Leader. The Unit Leader will lead the group to a safe location.
 - b. The Camp Administration will announce specific pick-up points and dispatch vehicles to these areas if it is necessary to evacuate.
 - c. In most cases, the campers will be instructed to proceed to the lake area.
 - d. Each Unit Leader will be responsible for making sure all are present and accounted for.

FOREST FIRES OR FIELD FIRES:

- 1. Notify office.
- 2. Evacuate campers.
 - a. Proceed in a direction away from the fire.
 - b. Head toward to nearest body of water or road.
 - c. If necessary, enter the body of water (only if there is no danger of drowning) otherwise remain at edge.
- 3. Keep clothing wet.
- 4. Lie close to the ground to avoid smoke inhalation.
- 5. Keep the group close together.

FIRE RISK MINIMALIZATION

- 1. The danger of fire is considered minimal at Lutherlyn because:
 - a. The construction of the buildings.
 - b. The large amount of open spaces present in the camp.
- 2 In times of prolonged drought the Administration will restrict campfires and sleep-out activities.
- 3. Fire extinguishers are located in all public buildings.
- 4. To help prevent fires as well as to promote a healthy atmosphere, Lutherlyn prohibits smoking in any camp building.

DROWNING

- 1. If a guard notices a swimmer struggling, the guard will initiate a rescue.
- 2. If a "Buddy" reports a "Buddy" in trouble, the guard will initiate a rescue.
- 3. If during a buddy check a person appears to be missing, clear the swimming area.
 - A. The Waterfront Director will instruct the guards to begin an orderly "dive and search procedure".
 - B. He/she will use the intercom to notify the office of the identity of the missing person.
 - C. All counselors at the lake will immediately take an attendance check of their campers and report the results to the Waterfront Director. If the "missing person" is not missing, the search will be halted.
 - ** If a camper is indeed missing, the counselor will lead the other campers back to their cabin.
- 3. The office will:
 - A. Send the nurse to the waterfront.
 - B. Initiate a search of the camp in case the person left the lake area to return to his of her cabin or joined other activities
 - C. Call 911 for emergency help.
- 4. If a person is found in the water, a waterfront staff person will initiate first aid as necessary.

FAMILY INFORMATION FOR THE FAMILY CAMP DIRECTORY

(Please turn this form in when you have your family photo taken on Monday during a meal.)
First and Last Names of family members (as you want it to appear in the directory):
Contact Information that you would like to have in the directory (address, phone number, email address):
A message that you would like to appear in the family camp directory:
Any other information?