



Camp Lutherlyn Adventure Programs

Assumption of Risk/Informed Consent Form

In order to participate in ropes course activities at Lutherlyn it is important that each participant is educated about the potential dangers and fully understands all of these dangers. While all possible precautions are taken to manage risk to an acceptable level, it is impossible to eliminate all risks at all times. Adventure programming activities inherently feature elements of risk that are beyond our control, so it is important for you to read through these risks and determine if you want to participate in said activities at Lutherlyn.

YOU MAY CHOOSE NOT TO PARTICIPATE IN ANY ACTIVITY IF YOU DECIDE THE RISK LEVEL IS TOO HIGH.

Risks that may be encountered while partaking in adventure programming activities at Lutherlyn include:

- Scrapes and Cuts
- Injuries due to running/jumping
- Injuries due to lifting or being lifted
- Injuries due to impact with others
- Injuries due to low falls
- Hair or jewelry becoming caught on or in ropes course elements
- Being hit by a falling object.
- Serious injury or death due to high falls
- Problems due to defects in manufacturer's products or improper use of products.
- Forces of nature including lightning, storms, wind, rain, snow, ice, cold, heat, weather changes, and water level changes.
- Physical exertion due to nature of outdoor activities that can result in fatigue, soreness, joint stiffness, and blisters
- Hazards related to water including wading, swimming, or capsizing into water.

I, the undersigned, realize that participating in adventure programming activities at Lutherlyn entails risks that are unavoidable and can result in personal injury or loss of life. I willingly choose to participate in adventure programming activities at Lutherlyn in spite of the risks that have been explained to me in this document, and any other risks that may be encountered during my participation. I will listen to Lutherlyn staff so that they can prepare me to face any risks we may encounter safely. I understand that I am responsible for my own decision making and subsequent actions.

I understand that, to be properly prepared for the adventure activities, I should wear shoes & clothing that are appropriate for the activity I am participating in (no sandals). All jewelry must be removed during the activities, and, if I have long hair, it must be pulled back.

I understand that Lutherlyn does not carry medical insurance for the protection of their participants and therefore I am responsible for my own medical insurance.

I grant Lutherlyn the right to use, for promotional purposes, any photographs taken by them of me during my participation in adventure programming activities at Lutherlyn.

I HAVE CAREFULLY READ THIS ASSUMPTION OF RISK FORM AND FULLY UNDERSTAND ITS CONTENTS. I AM RESPONSIBLE FOR MY DECISION TO PARTICIPATE IN ADVENTURE PROGRAMMING ACTIVITIES AND ASSUME ALL ASSOCIATE RISKS.

Participant Signature

Printed Name

Date

Parent or Guardian signature (if under 18)

Printed Name

Date